

BREAKFAST & LUNCH SPECIALS

Served 9am - 3pm

Cheesesteak with French Fries & Md. Fountain Soda

\$10.99



Chicken or Tuna Salad on a Bagel & Md. Fountain Soda

\$8.99



Cheeseburger with French Fries & Md. Fountain Soda

\$10.99



Small Cheese Pizza & Md. Fountain Soda

\$9.99



Bagel, Egg & Cheese with Choice of Pork Roll, Sausage or Bacon

Hash Browns & Coffee

\$7.99



CATERING MENU

DO NOT CONFUSE US WITH OTHERS! WE ARE THE BEST IN NEW JERSEY.

SALAD TRAYS

FEEDS 10 TO 15 PEOPLE

CAESAR	60
CHICKEN CAESAR	90
TURKEY	80
ANTIPASTO	80
GREEK	80
GARDEN	60



HOT OR COLD BAGEL TRAY

HOT	65.99
COLD	90.99

HOAGIE TRAYS

FEEDS 12 PEOPLE

AMERICAN	
HAM & CHEESE	
TURKEY	
ITALIAN	
TUNA	
CHICKEN SALAD	


WRAP TRAYS

FEEDS 16 PEOPLE • SERVED WITH FRIES

TUNA SALAD	
TURKEY SALAD	
CHEESESTEAK	
CHICKEN CHEESESTEAK	
BUFFALO CHICKEN CHEESESTEAK	
CHICKEN RANCH	
CHICKEN CAESAR	
CHICKEN & ROASTED PEPPERS	

CLUB SANDWICHES

FEEDS 8 PEOPLE • SERVED WITH FRIES

TURKEY CLUB	
HAM & CHEESE CLUB	
CHEESEBURGER CLUB	
BLT CLUB	



The FDA advises consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of foodborne illness.

PRICES DO NOT INCLUDE SALES TAX.
PRICES SUBJECT TO CHANGE WITHOUT NOTICE.

THE MENU EXPRESS 856-216-7777 • 0125 • Not responsible for typographical errors. Prices subject to change without notice.

DINE IN • TAKE OUT • DELIVERY



BAGEL | PIZZA | CAFE

MY BAGEL



MYBAGELSCAFE.COM

2929 Rt. 130 South • Delran, NJ 08075

856-880-1515

Hours:

Monday - Saturday 6am - 10pm • Sunday 7am - 9pm





PIZZAS

PLAIN PIZZA EXTRA TOPPINGS

TOPPINGS: PEPPERONI, SAUSAGE, GREEN PEPPERS, MUSHROOMS, ONIONS, TOMATOES, BROCCOLI, GARLIC, MEATBALLS, HAM, RICOTTA CHEESE, BACON, ROASTED PEPPERS (STEAK OR CHICKEN 4.50)

RED PIZZA

- WORKS PIZZA** Pepperoni, Sausage, Green Peppers, Onions & Mushrooms
- MEAT LOVER'S** Sausage, Pepperoni, Bacon & Ham
- HAWAIIAN PIZZA** Ham & Pineapple
- MARGHERITA PIZZA** Fresh Mozzarella & Basil
- PHILLY CHEESESTEAK PIZZA** Pizza Sauce, Steak, Cheddar & Mozzarella Cheese
- SHRIMP PIZZA** Pizza Sauce, Shrimp & Mozzarella Cheese

WHITE PIZZA

- VEGGIE PIZZA** Broccoli, Tomatoes, Ricotta & Mozzarella
- WHITE TOMATO PIZZA** White Pizza with Ricotta Cheese & Tomatoes
- CHEESE LOVER'S WHITE PIZZA** Parmesan, Mozzarella, Provolone, American & Cheddar Cheese
- BLT** Bacon, Lettuce, Tomatoes & Mayo
- CHEESESTEAK PIZZA** Fresh Mozzarella Cheese & American Cheese
- VEGGIE COMBO PIZZA** Green Peppers, Onions & Mushrooms
- CAPRESE PIZZA** Fresh Tomatoes, Garlic, Fresh Mozzarella & Basil
- WHITE PIZZA WORKS** Ricotta Cheese, Broccoli, Spinach, Tomatoes & Mushrooms

GOURMET PIZZA

- CHICKEN CAESAR PIZZA** Romaine Lettuce, Parmesan Cheese & Crispy Chicken
- BUFFALO CHICKEN PIZZA** White Pizza with Hot Sauce, Bleu Cheese & Chicken
- BBQ CHICKEN PIZZA** BBQ Sauce, Chicken & Mozzarella Cheese
- CHICKEN PARM PIZZA** Pizza Sauce, Fried Chicken & Mozzarella
- CHICKEN BACON RANCH PIZZA** Mozzarella Cheese, Chicken, Bacon & Ranch
- CHICKEN RANCH PIZZA** Mozzarella Cheese, Chicken & Ranch

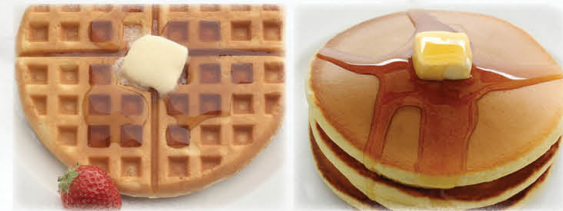


TOMATO PIE Fresh Garlic, Tomato Sauce

WHITE PIZZA Garlic & Mozzarella



PERSONAL	MEDIUM	LARGE
10.00	12.99	14.99
1.50	2.00	2.50



FRENCH TOAST PANCAKES & WAFFLES

- 3PC FRENCH TOAST** 8.49
 - 3PC PANCAKES** 8.49
 - 1PC WAFFLE** 8.49
 - MY BAGEL SPECIAL** 11.99
- Choice of: Pancakes, French Toast or Waffle
Served with Strawberries, Bananas & Whipped Cream

OMELETTES

ALL OMELETTES ARE SERVED WITH A BUTTERED BAGEL

- PLAIN OMELETTE** 8.99
- CHEESE OMELETTE** 9.99
- Choice of American, Swiss or Provolone Cheese
- MUSHROOM & CHEESE OMELETTE** 10.49
- MUSHROOM OMELETTE** 9.99
- SAUSAGE & CHEESE OMELETTE** 10.49
- SAUSAGE OMELETTE** 9.99
- HAM & CHEESE OMELETTE** 10.49
- HAM OMELETTE** 9.99
- BACON & CHEESE OMELETTE** 10.49
- BACON OMELETTE** 9.99
- WESTERN CHEESE OMELETTE** 10.99
- Green Peppers, Onions & Ham
- WESTERN OMELETTE** 9.99
- Green Peppers, Onions & Ham
- STEAK & CHEESE OMELETTE** 11.99
- STEAK OMELETTE** 10.99
- VEGETABLE CHEESE OMELETTE** 10.99
- Green Peppers, Onions, Broccoli & Mushrooms
- VEGETABLE OMELETTE** 9.99
- Green Peppers, Onions, Broccoli & Mushrooms
- COUNTRY CHEESE OMELETTE** 11.99
- Sausage, Bacon, Green Peppers & Onions
- COUNTRY OMELETTE** 10.99
- Sausage, Bacon, Green Peppers & Onions
- FETA CHEESE OMELETTE** 9.99
- BROCCOLI CHEESE OMELETTE** 10.49
- BROCCOLI OMELETTE** 9.49
- SPINACH CHEESE OMELETTE** 10.99
- SPINACH OMELETTE** 9.99



SALADS & MEATS

	1/2 LB.	LB.
CHICKEN SALAD	7.49	13.99
TUNA SALAD	7.49	13.99
WHITE FISH	8.49	15.99
TURKEY	7.49	13.99
HAM	7.49	13.99



DESSERTS

- COOKIES** 2.99
- MUFFINS** 2.99
- CHEESECAKE** Plain 4.99
- with Strawberries 5.99
- CARROT CHEESECAKE** 6.99
- CARROT CAKE** 6.50
- FRIED OREOS (6 PC.)** 6.50
- TIRAMISU** 5.99
- CANNOLI** 4.99
- BAKLAVA** 5.99
- FUNNEL CAKE** 6.50
- RICE PUDDING** 5.99
- RED VELVET CAKE** 5.99

BEVERAGES

- COFFEE**
- HOT CHOCOLATE**
- TEA**
- BOTTLED SODA**
- 2 LITER SODA**
- JUICE**
- BOOST** 2.45
- MILKSHAKES** 8.00



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FAMILY SPECIALS

**2 Large Plain Pizzas
& 2 Liter Soda**

\$27.99

MY BAGEL
856-880-1515

With this coupon. Not valid with other offers or prior purchases. Limited time offer.

**20 Wing Dings,
1 Large Plain Pizza &
Free 2-Liter Soda**

\$42.99

MY BAGEL
856-880-1515

With this coupon. Not valid with other offers or prior purchases. Limited time offer.

**2 Hoagies &
Free 2-Liter Soda**

\$18.99

MY BAGEL
856-880-1515

With this coupon. Not valid with other offers or prior purchases. Limited time offer.

**2 Large Cheese Pizzas,
10 Wing Dings &
Free 2-Liter Soda**

\$42.99

MY BAGEL
856-880-1515

With this coupon. Not valid with other offers or prior purchases. Limited time offer.

**2 Cheesesteaks, 1 Large
Plain Pizza, 20 Wings
& 2-Liter Soda**

\$62.99

MY BAGEL
856-880-1515

With this coupon. Not valid with other offers or prior purchases. Limited time offer.

**20 Buffalo Wings,
Large Plain Pizza
& 2-Liter Soda**

\$42.99

MY BAGEL
856-880-1515

With this coupon. Not valid with other offers or prior purchases. Limited time offer.

MONDAY & TUESDAY SPECIAL

1 Lg. Plain Cheese Pizza

\$12.99

MY BAGEL
856-880-1515

With this coupon. Not valid with other offers or prior purchases. Limited time offer.

BAGELS

SINGLE BAGEL	1.55 EA
1/2 DOZEN BAGELS	8.50
BAKER'S DOZEN (13)	17.00
BAGEL TRAY	35.95
CROISSANTS	2.99 EA
BAGEL	

WITH PLAIN CREAM CHEESE	3.49
WITH FLAVORED CREAM CHEESE	3.99
WITH LOX CREAM CHEESE	4.79
WITH BUTTER	2.65
WITH PEANUT BUTTER	3.49
WITH PEANUT BUTTER & JELLY	3.75



SPREADS ON SIDE

	4oz	8oz	1lb.
PLAIN CREAM CHEESE	2.25	4.50	9.00
VEGETABLE CREAM CHEESE	2.50	5.00	N/A
STRAWBERRY CREAM CHEESE	4.00	N/A	N/A
CINNAMON WALNUT CREAM CHEESE	2.50	5.00	N/A
JALAPENO CREAM CHEESE	2.50	5.00	N/A
GARLIC & HERB CREAM CHEESE	2.50	5.00	N/A
LOX CREAM CHEESE	3.00	6.00	N/A
BUTTER	2.25	4.00	N/A



BAGEL SANDWICHES

ALL SANDWICHES INCLUDE LETTUCE, TOMATOES, ONIONS & SMALL BAG OF CHIPS & A PICKLE

GRILLED CHEESE	7.99
BLT	8.99
HAM	9.29
TURKEY	9.29
CHICKEN SALAD	9.29
TUNA SALAD	9.29



BREAKFAST SANDWICHES

ONE EGG & BAGEL	3.99
TWO EGGS & BAGEL	5.00
TWO EGGS & CHEESE	5.75
PORK ROLL, EGG & CHEESE	6.65
PORK ROLL & CHEESE	6.65
PORK ROLL & EGG	5.90
BACON, EGG & CHEESE	6.65
BACON & EGG	5.90
BACON & CHEESE	6.65
SAUSAGE, EGG & CHEESE	6.65
SAUSAGE & CHEESE	5.90
HAM, EGG & CHEESE	6.65
HAM & EGG	5.90
HAM & CHEESE	6.65
TURKEY BACON, EGG & CHEESE	7.15
TURKEY BACON & EGG	6.40
TURKEY BACON & CHEESE	7.15
TURKEY SAUSAGE & CHEESE	6.49
TURKEY SAUSAGE, EGG & CHEESE	7.75
BEEF BACON & CHEESE	7.99
BEEF BACON, EGG & CHEESE	9.99
STEAK, EGG & CHEESE	10.35
STEAK & EGG	9.60
STEAK & CHEESE	10.35
NOVA LOX Cream Cheese & Lox	10.65
NOVA LOX DELUXE Cream Cheese, Lettuce, Tomatoes & Onions	12.45
CHEESE SANDWICH Provolone, Swiss & American	5.99

BACON, SAUSAGE, HAM, PORK ROLL, TURKEY SAUSAGE OR TURKEY BACON FOR 2.75
BEEF BACON FOR 4.75 • ADD CHEESE FOR .80



STROMBOLI

PEPPERONI & HAM STROMBOLI Traditional

VEGGIE STROMBOLI

Broccoli, Tomatoes, Garlic & Mozzarella Cheese

STEAK STROMBOLI

Pizza Sauce, Mozzarella Cheese, Steak, Green Peppers & Fried Onions

CHICKEN STROMBOLI

Pizza Sauce & Mozzarella

PEPPERONI STROMBOLI

Pizza Sauce, Mozzarella & Pepperoni

SAUSAGE STROMBOLI Pizza Sauce & Mozzarella

EACH EXTRA TOPPING

1.50 2.50

EXTRA STEAK OR CHICKEN

3.00 3.99

SMALL
\$12⁹⁹

LARGE
\$19⁹⁹



TURNOVERS & CALZONES

PIZZA TURNOVER

10.99 19.99

Sauce & Cheese, Baked or Fried

CALZONE

Ham, Ricotta & Mozzarella Cheese

VEGGIE CALZONE

Broccoli, Tomatoes, Ricotta Cheese & Garlic

VEGETABLE TURNOVER

Mushrooms, Green Peppers, Onions & Broccoli Sauce

STEAK TURNOVER

Steak, Sauce & Mozzarella

SMALL
\$12⁹⁹

LARGE
\$19⁹⁹

FRESH BUFFALO WINGS

SERVED WITH BLUE CHEESE & CELERY.
MILD, HOT, HOT HONEY, SWEET RED CHILI, BBQ,
HONEY MUSTARD OR GARLIC

10 PCS	13.99	50 PCS	65.99
20 PCS	26.99	100 PCS	129.99

WING DINGS

MILD, HOT, BBQ, HONEY MUSTARD OR GARLIC

10 PCS	14.99	30 PCS	39.99
20 PCS	27.99	50 PCS	65.99

BONELESS WINGS

MILD, HOT, BBQ, HONEY MUSTARD OR GARLIC

10 PCS	10.99	20 PCS	20.99
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APPETIZERS & SIDES

	SMALL	LARGE
FRENCH FRIES	4.99	5.99
CHEESE FRIES	6.99	8.99
PIZZA FRIES	6.99	8.99
HOT FRIES	4.99	5.99
JERSEY FRIES Bacon, Mozzarella & Cheddar	8.99	10.99
JERSEY CHICKEN PARM FRIES Fries, Chicken, Sauce & Mozzarella Cheese		12.99
BUFFALO GRILLED CHICKEN FRIES Fries, Chicken, Hot Sauce & Mozzarella Cheese		12.99
FRIED CALAMARI with Marinara or Cocktail Sauce		12.99
ONION RINGS with Ranch	4.99	6.50
MOZZARELLA STICKS	(7) 7.99 • (12) 11.99	
CHICKEN FINGERS with French Fries	(3) 9.99	
BUFFALO CHICKEN FINGERS with French Fries	(3) 9.99	
CHICKEN NUGGETS with French Fries	(10) 10.99	
GARLIC BREAD		2.50
WITH CHEESE		3.50
GARLIC KNOTS	(6) 3.99 • (12) 6.00	
SIDE OF EGGPLANT		7.99
SIDE OF MEATBALLS	(2) 5.99	
APPETIZER SAMPLER Onion Rings, Mozzarella Sticks, Chicken Fingers & French Fries		10.99
BUFFALO SHRIMP Shrimp in Hot Sauce with Bleu Cheese	(8) 11.99	
MEATBALLS & RICOTTA		8.99
SAUTÉED BROCCOLI		6.20
SAUTÉED SPINACH		6.20
JALAPENO POPPERS		6.99
BROCCOLI BITES		6.99



MEDITERRANEAN OVEN BAKED POTATOES

MEDITERRANEAN OVEN BAKED POTATO 11.99

Seasoned with Butter, Cheese, Salt, Black & Green Olives, Peas, Corn, Pickles, Russian Salad, Ketchup & Mayo

VEGETARIAN KUMPIR 11.99

Oven Roasted Potatoes with Cheese, Butter & Shepherd's Salad



FRESH SALADS

DRESSINGS: CREAMY ITALIAN, RANCH, CAESAR, BLEU CHEESE, HONEY MUSTARD, FRENCH, OIL & VINEGAR OR BALSAMIC VINEGAR

GARDEN SALAD Lettuce, Tomatoes, Cucumbers, Red Onions, Black Olives & Provolone Cheese **8.50**

CHICKEN SALAD Over Our Garden Salad **10.99**

TUNA SALAD Over Our Garden Salad **10.99**

GRILLED CHICKEN GARDEN SALAD **10.99**

CHEF SALAD Turkey, Ham, Provolone Cheese & Egg **10.99**

TURKEY & CHEESE SALAD **10.99**

HAM & CHEESE SALAD **10.99**

CAESAR SALAD Fresh Romaine, Croutons, Tomatoes, Parmesan Cheese & Caesar Dressing **7.99**

GRILLED CHICKEN CAESAR SALAD **10.99**

Grilled Chicken, Fresh Romaine, Croutons, Tomatoes, Parmesan Cheese & Caesar Dressing

BUFFALO CHICKEN SALAD **11.99**

Grilled Chicken Tossed in Mild Sauce over Our Garden Salad

ANTIPASTO **11.99**

Pepperoni, Salami, Cappicola, Ham & Provolone

CHOPPED ANTIPASTO **11.99**

GREEK SALAD **11.99**

Romaine Lettuce, Plum Tomatoes, Red Onions, Pepperoni, Olives, Cucumbers, Croutons & Feta Cheese

BABY SPINACH Topped with Roasted Peppers, Mushrooms, Bacon, Cucumbers & Tomatoes **10.99**

SHRIMP CAESAR SALAD **11.99**

Romaine, Tomatoes, Croutons, & Parmesan Cheese

BUFFALO SHRIMP SALAD Lettuce, Tomato, Cucumbers, Red Onion, Black Olives & Provolone **12.99**

CRISPY BUTTERFLY SHRIMP SALAD **12.99**

MEDITERRANEAN SALAD Shrimp & Tuna **12.99**

JERSEY SALAD **12.99**

Roasted Peppers, Fresh Mozzarella & Chicken

CHEESESTEAK SALAD **12.99**



HOT SUBS & SANDWICHES



CHICKEN PARMIGIANA SANDWICH **10.99**

CHICKEN DIABLO **10.99**

with Lettuce, Tomatoes, Hot Sauce & Provolone Cheese

MEATBALL SANDWICH **8.99**

MEATBALL PARMIGIANA **10.99**

EGGPLANT PARMIGIANA **10.99**

SAUSAGE & PEPPERS PARMIGIANA **10.99**

SAUSAGE & PEPPERS SANDWICH **9.99**

CRISPY CHICKEN CUTLET HOAGIE **10.99**

with Lettuce, Tomatoes & Mayo

CHEF VEGGIE **10.99**

Fresh Tomatoes, Broccoli, Spinach, Roasted Peppers, Mushrooms & Provolone Cheese

GREEN PEPPER & EGG **8.99**

CHICKEN ITALIANO **10.99**

Spinach, Tomato, Provolone Cheese & Fresh Garlic

FRIED FLOUNDER SUB **10.99**

Lettuce, Tomato & Onions



HOAGIES & GRINDERS

AMERICAN Ham & American Cheese

HAM & CHEESE

TURKEY

ITALIAN Ham, Cappicola, Salami & Provolone Cheese

TUNA

CHICKEN SALAD



CLUB SANDWICHES

ALL CLUBS COME WITH BACON & MAYO.
SERVED FRENCH FRIES

TURKEY CLUB

CHEESEBURGER CLUB

HAM & CHEESE CLUB

BLT CLUB

TUNA CLUB

CHICKEN SALAD CLUB

GRILLED CHICKEN CLUB

CHICKEN CUTLET CLUB

TURKEY BACON BLT



WRAPS

ALL WRAPS ARE SERVED WITH FRENCH FRIES

CHICKEN RANCH WRAP Lettuce & Tomatoes

CHICKEN CAESAR WRAP Lettuce, Tomatoes & Parmesan Cheese

CHICKEN SALAD WRAP Lettuce & Tomatoes

CHICKEN & ROASTED PEPPERS WRAP Provolone Cheese

GRILLED CHICKEN WRAP Tender Grilled Chicken Breast Strips with Delicious Broccoli & Topped with Provolone Cheese

BUFFALO CHICKEN WRAP Lettuce & Tomatoes

TUNA SALAD WRAP Lettuce & Tomatoes

VEGGIE WRAP Broccoli, Mushrooms, Tomato, Baby Spinach, Roasted Peppers & Provolone Cheese

TURKEY CLUB WRAP Sliced Turkey with Bacon, Lettuce, Tomatoes, Onions & Mayo

PHILLY CHEESESTEAK WRAP Lettuce, Tomatoes & Onions

CHEESESTEAK WRAP Lettuce & Tomatoes

CHEESESTEAK HOAGIE WRAP Lettuce, Tomatoes, Onions, American Cheese, Oil & Vinegar

PIZZA STEAK WRAP

SHRIMP CAESAR WRAP Romaine Lettuce, Tomatoes, Parmigiana Cheese & Caesar Dressing

CHICKEN CHEESESTEAK WRAP Lettuce & Tomatoes



PANINIS

SERVED WITH FRENCH FRIES

ITALIANO PANINI Grilled Chicken, Broccoli & Provolone Cheese

CHICKEN PARMESAN PANINI Breaded Chicken, Sauce & Mozzarella Cheese

DELTRAN PANINI Steak, Fried Onions & Provolone Cheese

JERSEY PANINI Grilled Chicken, Broccoli, Roasted Peppers & Provolone Cheese

CHICKEN BLT PANINI Grilled Chicken, Mayo, Bacon, Lettuce & Tomato

BURLINGTON PANINI Grilled Chicken, Spinach & Provolone Cheese



SPECIALTY HOT SANDWICHES

SERVED FRENCH FRIES

BEEF

PLAIN STEAK **9.99**

CHEESESTEAK **11.99**

SPECIAL CHEESESTEAK **12.99**

Pepperoni, Mushrooms, Green Peppers, Fried Onions & Cheese

CHEESESTEAK HOAGIE **12.99**

PIZZA STEAK WITH MOZZARELLA **12.99**

CHEESESTEAK WITH "THE WORKS" **12.99**

Fried Onions, Mushrooms & Green Peppers

BACON CHEESESTEAK **12.99**

TURKEY BACON CHEESESTEAK **12.99**

CHICKEN

CHICKEN CHEESESTEAK **11.99**

CHICKEN CHEESESTEAK HOAGIE **12.99**

SPECIAL CHICKEN CHEESESTEAK **12.99**

Pepperoni, Mushrooms, Green Peppers, Fried Onions & Cheese

BACON RANCH CHICKEN CHEESESTEAK **12.99**

BBQ CHICKEN CHEESESTEAK **12.99**

BUFFALO CHICKEN CHEESESTEAK **12.99**

BURGERS

ALL BURGERS ARE 8OZ. & MADE ON A BUN OR BAGEL.
SERVED WITH FRENCH FRIES • LETTUCE & TOMATO .99¢ EXTRA

HAMBURGER **8.99**

DOUBLE CHEESEBURGER **13.99**

CHEESEBURGER **9.99**

DOUBLE HAMBURGER **12.99**

CHEESEBURGER DELUXE **11.99**

Lettuce, Tomato & Onions

DOUBLE BACON CHEESEBURGER **14.99**

PIZZA BURGER **9.99**

CHEESEBURGER SUB Lettuce & Tomato **11.99**

BACON CHEESEBURGER **9.99**

JERSEY BURGER **11.99**

Onion Rings, Bacon, BBQ Sauce & Mozzarella

TURKEY BURGER Lettuce, Tomato & Onions **10.99**

